



Larder>East Volunteer Contract

Our Mission

At Larder>East, we believe everyone in East Belfast deserves a seat at the table and a cupboard full of good food, regardless of race, nationality, ethnic origin, age, religion, disability, sex, sexual orientation, or gender identity. Together, we'll work toward a community where trust and confidence thrive among members, volunteers, donors, and everyone involved.

Supporting Our Volunteers

We value and appreciate our volunteers! Your commitment helps us create a vibrant community focused on connection, growth, and meaningful change. Here's how we promise to support you:

Our Promise to You:

Learning Together:

- Fun training sessions to help you build skills and feel confident in your role.
- Constant opportunities to learn from each other and share your experiences.

Open Conversations:

- Share your ideas, concerns, or just chat with us anytime.
- Join our gatherings to share updates, brainstorm, and celebrate our wins together.

Celebration:

- We love our volunteers! Expect appreciation events, casual hangouts, and a few surprises along the way.
- Your contributions matter, and we want to acknowledge that.

A Supportive Community:

- A warm, welcoming space filled with people who care and are eager to create positive change.
- If you need a listening ear or extra support, there's always someone here for you.

Flexibility & Understanding:

- Life can be messy, and that's okay! We'll work with you to find a volunteering schedule that fits your life.
- Just let us know if you're facing challenges—we're here to support you however we can!

Feedback is Key:

- Your thoughts matter! We want to hear your feedback to keep improving and making this experience even better for everyone.

What We Ask in Return:

As part of this journey together, we kindly ask you to:

- Embrace the values that make Larder>East special and commit to our mission.
- Participate in training sessions and share your unique perspectives.
- Help create a positive atmosphere by supporting your fellow volunteers.
- Bring your energy, ideas, and a sense of fun as we navigate challenges and changes together!

Code of Conduct

As a valued volunteer at Larder>East, I agree to:

- Treat all members, donors, staff, and fellow volunteers with kindness, patience, and respect.
 - Refrain from yelling, bullying, harassment, or using harsh language.
 - Keep all member and donor information strictly confidential and never share it with anyone outside of Larder>East.
 - Not display favouritism or give extra food to friends or family.
 - Not take items from Larder>East that are not part of my paid membership or weekly shop.
 - Inform the coordinator and provide proof if shopping on behalf of someone else.
 - Follow all membership guidelines if I choose to shop at Larder>East.
 - Not come to Larder>East under the influence of drugs or alcohol.
 - Follow all health, safety, and hygiene procedures to ensure everyone's safety.
 - Call on the designated coordinator if I experience difficulty with a member or volunteer.
 - Report any conflict immediately; do not try to resolve it myself.
 - Ask questions or raise concerns without hesitation if unsure of the correct course of action.
 - Never spread gossip or private information.
 - Sign up for shifts in advance and notify the coordinator promptly if unable to attend
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- Not post images, personal information, or details of members, volunteers, or donors on social media without consent.
 - Represent Larder>East positively online and in public.

Disciplinary Procedures

If there's a breach of this Code:

- First Breach: Verbal or written warning.
- Second Breach: Suspension of volunteering privileges for one month.
- Third Breach: Termination of volunteer role.

Note: Larder>East does not tolerate retaliation or discrimination against anyone who reports a concern in good faith.

Acknowledgment

I have read and understand this Volunteer Contract and agree to follow it while volunteering at Larder>East.

Signature: _____

Name (BLOCK CAPITALS): _____

Date: _____

Please update your contact details

Address:

Contact number:

Email:

DOB:

Emergency contact :